



The  
Nonprofit

*Guide  
to  
Giving*

*A small donation can go a long way to aid local nonprofits that are on a mission to help our community and environment prosper and thrive. Find out the positive impact your contribution will make.*

BY DONNA BERRY GLASS

**VIVALON**

Formerly known as Whistlestop, San Rafael-based Vivalon helps older adults and other vulnerable Marin County residents lead fuller, healthier, happier lives through rides, meals, classes, care and advice, all fueled by the power of human connection.

**Your \$50 donation:** Provides a ride to a medical appointment, delivers a meal to someone who can no longer cook, forges life-affirming connections with our isolated neighbors and more. [vivalon.org](http://vivalon.org)