

VIVALON RESOURCE GUIDE

 <p>Vivalon</p>	<p>Enabling Marin's older adults and other vulnerable residents to thrive through the power of human connection with rides, meals, classes, care, and advice.</p>	<p>415-456-9062 info@vivalon.org vivalon.org</p>
 <p>RIDES CarePool</p>	<p>FREE rides for Marin residents 65+, who can no longer drive, to medical appointments and grocery stores.</p>	<p>415-454-0927 carepool@vivalon.org vivalon.org/transportation</p>
 <p>Assisted Transportation</p>	<p>FREE rides to medical appointments in San Rafael for Marin residents 60+. <i>Partnership with the County of Marin</i></p>	<p>415-755-1800 assistedtransportation@vivalon.org vivalon.org/assisted-transportation</p>
 <p>Medical Transportation</p>	<p>Medi-Cal specialized transportation and Vivalon's Missed Appointment Reduction Service for Marin residents through their healthcare providers.</p>	<p>415-419-2608 medical@vivalon.org vivalon.org/medical-appointment-transportation</p>
 <p>Private Shuttles</p>	<p>BELOW MARKET private shuttles and charters through Vivalon Rides.</p>	<p>415-454-1098 (Option #4) charterservices@vivalon.org vivalon.org/transportation/group-shuttle-and-charter-services-Marín-County</p>
 <p>MEALS Meals on Wheels</p>	<p>FREE fresh, chilled meals delivered up to three times a week to homebound older adults age 60+. <i>Partnership with County of Marin</i></p>	<p>415-473-4636 (INFO) 473-INFO@marincounty.org marinhhs.org/nutrition-services-older-adults</p>
 <p>Vivalon Nourish</p>	<p>FREE fresh, chilled meals delivered up to three times a week to anyone in Marin with chronic health challenges.</p>	<p>415-456-9062 x176 nutrition@vivalon.org vivalon.org/nutrition</p>
 <p>Brown Bag Pantry</p>	<p>FREE healthy fresh produce & groceries for any resident of Marin County. In person, drive thru & walk up. <i>Partnership with SF-Marín Food Bank</i></p>	<p>415-456-9062 guestservices@vivalon.org vivalon.org/nutrition/pantry</p>
 <p>Jackson Café</p>	<p>DISCOUNTED chef-prepared, fresh, homestyle meals Mon-Fri 11:30am-2:00pm, 930 Tamalpais Ave, San Rafael</p>	<p>415-456-9062 guestservices@vivalon.org vivalon.org/nutrition/jackson-cafe</p>
 <p>CLASSES Classes & Activities</p>	<p>FREE/DISCOUNTED classes, workshops, social groups, special events and other activities. Classes currently FREE via Zoom/phone and in person. <i>Partnership with County of Marin</i></p>	<p>415-456-9062 guestservices@vivalon.org vivalon.org/classes</p>
 <p>TECHNOLOGY Training & Support</p>	<p>FREE tech programs including Tech4Health – tablet provided & in-home training & Talking Tech 4 Seniors - group classes on various tech topics.</p>	<p>415-456-9062 guestservices@vivalon.org vivalon.org/care</p>
 <p>CARE Visiting Programs</p>	<p>FREE weekly social visiting programs in person or by phone. <i>Partnerships with LITA and Covia</i></p>	<p>415-456-9062 guestservices@vivalon.org vivalon.org/care</p>
 <p>ADVICE Resource Office</p>	<p>FREE community resources and referrals, including financial and legal advice services, for older adults.</p>	<p>415-456-9062 guestservices@vivalon.org vivalon.org/resources</p>