

Vivalon

connection works wonders

RIDES MEALS CLASSES CARE ADVICE

Our Impact

During FY 2021/22, we served 14,171 individuals throughout our community.



Nutrition

Nutrition services are a core part of our efforts to help people age healthily and live a vibrant life. During FY 2021/22, **we served 109,813 meals**, including Meals on Wheels, Nourish, Jackson Café and Community Breakfasts. We **provided 135,942 pounds of healthy groceries free of charge** to low-income older adults through our Brown Bag Pantry and **distributed 17,820 pounds of food** through our Monthly Food Box program.



Transportation

We operate 365 days a year to make sure that no member of our community is ever isolated, due to a lack of transportation. During FY 2021/22, we provided: **244,930 rides** to older adults and people living with disabilities.



Activities

We offer a dynamic list of classes, workshops, social groups and other activities to help seniors in the Marin community live a vibrant, healthy lifestyle. Our activities include: fitness, computer skills, wellness, nutrition, social groups, discussion groups, day trips, and a wide range of other options. During FY 2021/22, **we hosted 2,109 classes and events**.



Volunteerism

We offer satisfying opportunities for people in the community who want to give to others. Our volunteer positions include meal delivery drivers, transportation drivers, café servers and cashiers, Healthy Aging Center hosts, information and referral advisors, administrative support and class instructors. Our more than **300 volunteers** double our capacity to support our community. During FY 2021/22, **our volunteers dedicated 21,482 hours** to support our clients.