

A woman's profile is shown in a dark blue background. Overlaid on her head is a glowing, multi-colored brain (blue, green, yellow, red) with white neural pathways. The text "It's Delirium!" is at the top and "Not Dementia" is at the bottom, both in large white font.

It's Delirium!

Not Dementia

What does delirium look like?

Confusion, Drowsiness, Restlessness and/or Agitation

A person with delirium may suddenly...

- Think or act very differently than they usually do
- Say or do strange things that don't make sense
- Become much more or less active than usual
- Start sleeping a lot or very little

What does it mean to have delirium?

Delirium is dangerous. It means the person has a serious illness

A person with delirium needs immediate attention from a healthcare professional

Is it delirium, dementia, or both?

Delirium and dementia can exist at the same time, but they are **not** the same medical condition

- Dementia comes on gradually and gets worse over time
- Delirium comes on quickly and usually gets better if the cause is found and treated
- A person with dementia is at risk of developing delirium when ill or injured
- When a person with dementia also has delirium, they act differently than they normally do

What to do if delirium happens?

Family/friends are often the first to notice a change

Seek medical help immediately and explain how this behavior is different from normal!



Save a Brain
Save a Life!

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